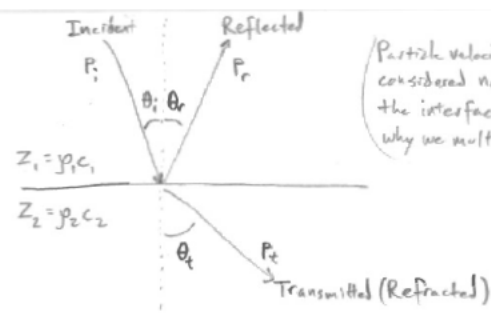


$c = \frac{1}{\sqrt{\rho k}} = 1540 \text{ m/s in tissue}$   
 (Like  $R = \frac{V}{I}$ )  
 $* P = \rho c u$  →  $* Z = \frac{P}{u} = \rho c = \sqrt{\frac{\rho}{k}}$



(Particle velocity is only considered normal to the interface, so that's why we multiply by cos.)

- K = compressibility
- $\rho$  = density
- P = pressure
- u = particle velocity
- Z = impedance
- I = intensity
- x = distance
- w = pulse width
- $Z_R$  = Rayleigh distance (not impedance)
- $\lambda$  = wavelength
- r = radius (below)
- D = diameter

Noise = speckle & clutter (side lobes, grating lobes, motion)

Attenuation = sum of scattering & absorption.

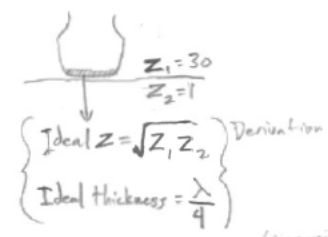
$p = p_0 e^{-\alpha x}$  or  $I = I_0 e^{-\mu x}$  where  $\mu = 2\alpha$

In tissue,  $\mu = 1 \frac{\text{dB}}{\text{cm} \cdot \text{MHz}}$

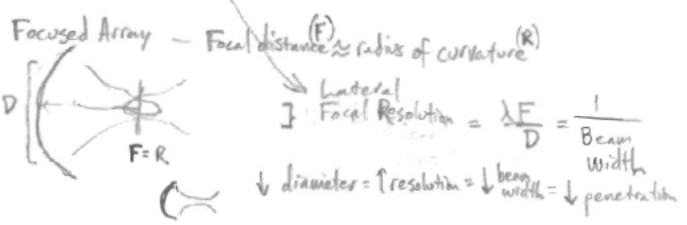
Every 3 dB reduction is a factor of 2 reduction in Intensity.  
 (So 9 dB reduction =  $2^3 = 8$ -fold reduction in Intensity.)

Device Setup → p.157

Impedance matching of transducer to prevent internal reflection.



Axial Resolution (in mm) (Depth) =  $\frac{1}{2} \lambda c$   
 (Lower is better)  
 b/c resolvable points are at  $\frac{1}{2}$  the pulse width (p.164)  
 Pulse width typically 2-3 cycles  
 So make fast pulses (2-3 cycles) & also dampen the PZT crystal with epoxy.



aka "Dynamic" Phased Beam-forming, Beam-steering, & Beam aperture (↑ diameter = ↑ depth)

- The received signal can undergo "receiver beam-forming" to put the image back in focus.
- Apply time-gain compensation to compensate for the much weaker signals (delayed) from deeper tissue.
- The second harmonic is used from the receive signal → increased lateral resolution BUT does not reduce nonlinear scattering. So use pulse inversion instead. (Can be done by standard pulse mode or continuous mode.)

Doppler Shift  
 Incident freq.  $f_i$  sensed freq.  $f_s$   
 $f_D = f_i - f_s = \frac{2f_i v \cos \theta}{c} + \frac{f_i v^2 \cos^2 \theta}{c^2} \approx \frac{2f_i v \cos \theta}{c} = f_D$   
 (Small)

If Velocity exceeds pulse rate ( $\frac{\text{pulses}}{s}$ ) then aliasing occurs & gives erroneous values.

How to find  $\theta_t$  from  $\theta_i$

$* \frac{\sin \theta_i}{\sin \theta_t} = \frac{c_1}{c_2}$

How to find reflection & transmission coefficients?

$* R_p = \frac{P_r}{P_i} = \frac{Z_2 \cos \theta_i - Z_1 \cos \theta_t}{Z_2 \cos \theta_i + Z_1 \cos \theta_t}$   
 $T_p = \frac{P_t}{P_i} = \frac{2Z_2 \cos \theta_i}{Z_2 \cos \theta_i + Z_1 \cos \theta_t}$

Set  $\theta_i = 0$  to solve direct wave problems.

$R_I = R_p^2 = \frac{I_r}{I_i} = \dots$  (Pressure not conserved)  
 $T_I = \frac{I_t}{I_i} = \frac{4Z_1 Z_2}{(Z_1 + Z_2)^2}$  (Energy is conserved)  
 $T_I + R_I = 1$

$R_r = \frac{Z_2 - Z_1}{Z_2 + Z_1}$   
 $T_r = \frac{2Z_2}{Z_2 + Z_1}$

How to use:

$P_r = P_i R_p$   
 $P_t = P_i T_p$   
 \* This assumes plane wave behavior (constant freq & amplitude, distance  $\gg$  wavelength)

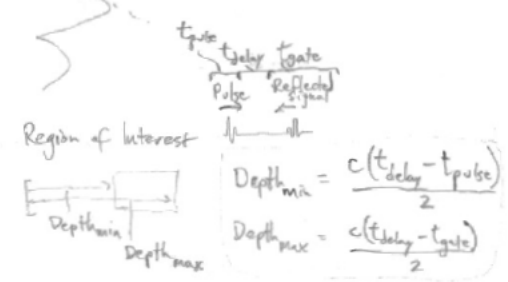
Near-field to Far-field Boundary (Distance):

$Z_R \approx \frac{r^2}{\lambda}$



In reality, it's not a single beam. "Lateral field in the focal plane"

So the angle thru the first zero point is  $\theta = \text{asin}(\frac{0.6 \lambda}{r})$



$\text{Depth}_{\min} = \frac{c(t_{\text{delay}} - t_{\text{pulse}})}{2}$   
 $\text{Depth}_{\max} = \frac{c(t_{\text{delay}} + t_{\text{pulse}})}{2}$

# Ultrasones I

Small changes in pressure & density:

$$\begin{cases} p(r,t) = p_0 + p'(r,t) \\ \rho(r,t) = \rho_0 + \rho'(r,t) \end{cases}$$

(Linear when  $p' \ll p_0$ )

where  $p'$  indicates small fluctuation

Note  $u(r,t) = 0 + u'(r,t)$

Conserv of Mass (Eq of Continuity)

Rate of change of mass is equal to mass flux in and out of the control volume

$$\frac{\partial \rho(r,t)}{\partial t} = -\nabla \cdot (\rho(r,t) u(r,t))$$

Ignore small products  
Assume linear

$$\frac{\partial \rho(r,t)}{\partial t} = -\rho_0 \nabla \cdot u'(r,t) \quad (1)$$

Conserv of Momentum

Net change in momentum flux is equal to the net force acting on the control volume.

From same assumptions above...

$$\rho_0 \frac{\partial u'(r,t)}{\partial t} = \nabla p'(r,t) \quad (2)$$

Euler's equation of motion (net 3D force on fluid particle)

$$\rho \frac{\partial u}{\partial t} = -\nabla p$$

(rate of change of momentum per unit volume.)

density  $\cdot \Delta vel = \nabla press$

(like  $m \cdot a = F$ )

Eq of State

Any thermodynamic quantity can be expressed as a function of any other two thermodynamic quantities

$$P = P(y, s) \text{ where } s = \text{entropy}$$

Sound speed  $c$  depends on density & bulk modulus (which is the inverse of compressibility  $K$ ).

$B = 140 \text{ kPa in air}$   
 $2 \text{ GPa in tissue}$

$$B = \frac{1}{K} = \rho_0 \left( \frac{\partial P}{\partial \rho} \right)$$

\* Isentropic assumption (entropy constant)

\* Adiabatic assumption (no heat change)

$$P'(r,t) = \frac{1}{K \rho_0} \rho'(r,t) \quad (3)$$

$$c^2 = \frac{P'}{\rho'} = \frac{1}{K \rho_0} \rightarrow c = \sqrt{\frac{1}{K \rho_0}}$$

Combination of (1) (2) (3) gives the linear wave equation:

$$\frac{\partial^2 P'(r,t)}{\partial t^2} = c^2 \nabla^2 P'(r,t)$$

Drop the 'small fluctuations'

$$\frac{\partial^2 P(r,t)}{\partial t^2} = c^2 \nabla^2 P(r,t)$$

3D wave equation

$$\frac{\partial^2 p(x,t)}{\partial t^2} = c^2 \frac{\partial^2 p(x,t)}{\partial x^2}$$

1D wave equation

$$\frac{\partial p(x,t)}{\partial t} = c \frac{\partial p(x,t)}{\partial x}$$

D'Alembert's Solution

$$p(x,t) = f\left(t - \frac{x}{c}\right) + g\left(t + \frac{x}{c}\right)$$

Travels in x-direction

$$p(x,t) = p \cos(\omega t \pm \frac{\omega}{c} x)$$

Instantaneous Intensity:  $I = pu = \frac{p^2}{\rho_0 c}$

Acoustic Intensity = time avg of instantaneous =  $\frac{1}{T} \int pu dt$

$$\text{Energy} = E_{kin} + E_{pot} = \frac{1}{2} \rho_0 u^2 + \frac{1}{2} \frac{P^2}{(\rho_0 c)^2} = \frac{pu}{c} = \rho_0 u^2$$

See above!

$c(\text{air}) = 343 \text{ m/s}$

$\rho = 1.18 \text{ kg/m}^3$

$\rho = 1 \text{ kg/m}^3$

$c = 1477 \text{ m/s}$

$\rho = 1.18 \text{ kg/m}^3$

$$P_{RMS} = \frac{P_{max}}{\sqrt{2}}$$

All are complex but only consider the real component

$$P = \text{Re} [P_0 e^{-i\omega(t \pm \frac{x}{c})}] \quad (\text{Let } k = \frac{\omega}{c} = \frac{2\pi}{\lambda})$$

$$u = \text{Re} [u_0 e^{-i\omega t}] = \frac{P}{\rho_0 c}$$

$$Z = \text{Re} [\rho_0 c \cos \theta \cdot e^{-i\theta}]$$

( $\rho_0 c$  is the characteristic impedance)

(Impedance is complex b/c it affects both amplitude & phase)

$$p = \rho c u$$

$$Z = \rho c = \sqrt{\frac{\rho}{K}}$$

( $u$  = particle displacement velocity)

$$k = \frac{2\pi}{\lambda} = \frac{\omega}{c} \quad \text{b/c } \omega = 2\pi f$$

$$f = \frac{c}{\lambda}$$

$$I = pu = \pm \frac{P_{max}^2}{\rho_0 c}$$

Divide by RMS =  $\frac{P_{max}}{\sqrt{2}}$

$$I_{RMS} = \frac{P_{max}}{\sqrt{2}} \frac{u_{max}}{\sqrt{2}} = \frac{P_{max}^2}{2 \rho_0 c}$$

i.e.,  $P_{max} = \sqrt{2} P_{RMS}$

$$E = \frac{pu}{c} = \rho_0 u^2$$

$$E = \frac{P u}{\sqrt{2} \sqrt{2}} = \frac{\rho_0 u^2}{2}$$

For perpendicular wave:

$$\begin{cases} P_r = P_i R_p \\ P_t = P_i T_p \end{cases}$$

$\rho_1 z_1$   
 $\rho_2 z_2$

$$R_p = \frac{P_r}{P_i} = \frac{z_2 - z_1}{z_2 + z_1}$$

$$R_I = R_p^2 = \left( \frac{z_2 - z_1}{z_2 + z_1} \right)^2$$

The Meaning of Best at  $R = \pm 1$   
 $T = 0$  or  $2$

Note that  $T_p = R_p + 1$

(Pressure not conserved)

Note that  $T_I + R_I = 1$

(Energy is conserved)

Hard Boundary ( $z_1 \ll z_2$ )

In phase reflection, transmits a lot of energy, pressure is doubled, velocity is zero.

Soft Boundary ( $z_1 \gg z_2$ )

Out of phase reflection, reflects a lot of energy, pressure at boundary = 0.

"Transmission thru a Layer"



Use equations above to find formula for  $T_I$ .  $T_I = \frac{z_1 P_3}{z_2 P_i}$

From notes:

$$T_I = \frac{4 z_1 z_2 z_3}{z_1^2 + z_2^2 + z_3^2 + 2 z_1 z_2 + 2 z_1 z_3 + 2 z_2 z_3}$$

If  $z_1 = z_3$

$$T_I = \left[ 1 + \frac{1}{4} \left( \frac{z_2 - z_1}{z_1} \right)^2 \sin^2 k_2 L \right]^{-1}$$

Best transmission occurs at  $T_I = 1$   
Best when  $L \ll \lambda$

For  $k_2 L = n\pi$ , best at frequencies  $f = \frac{n c_2}{2L}$

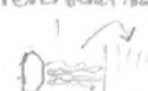
$\frac{\omega}{c_2} L = n\pi \rightarrow f = \frac{n\pi c_2}{2\pi L}$

So  $n$  = harmonic or best at  $L = \frac{1}{2} \lambda$  or quarter natural frequ. with

$$T_I = 1 \rightarrow \text{Best transmission when } z_2 = \sqrt{z_1 z_3}$$

$$\text{Set } k_2 L = (2n-1)\frac{\pi}{2} \rightarrow L = \frac{2n-1}{4} \lambda \quad (n = \frac{1}{2})$$

Noise - aberration, reverberation

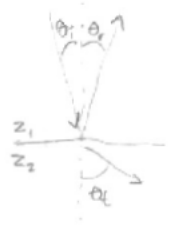


$\sin \theta_i = \sin \theta_r \rightarrow$  Angle of Incidence = Angle of Reflection (Snell's)

$$\frac{\sin \theta_i}{c_1} = \frac{\sin \theta_t}{c_2}$$

Square both sides & rearrange  
 $\sin^2 \theta_t = 1 - \cos^2 \theta_t$

$$\cos \theta_t = \sqrt{1 - \left(\frac{c_2}{c_1}\right)^2 \sin^2 \theta_i}$$



$$R_p = \frac{Z_2 \cos \theta_i - Z_1 \cos \theta_t}{Z_2 \cos \theta_i + Z_1 \cos \theta_t} = \frac{\left(\frac{Z_2}{Z_1} - \frac{\cos \theta_t}{\cos \theta_i}\right)}{\left(\frac{Z_2}{Z_1} + \frac{\cos \theta_t}{\cos \theta_i}\right)}$$

"Total Internal Reflection" occurs when  $\theta_t$  is imaginary

Solve with  $\rightarrow$

Since  $z = \rho c$ , if  $c_1 > c_2$ ,  $\theta_t < \theta_i$

if  $c_1 < c_2$ ,  $\theta_t > \theta_i$

but only up to a point!

For  $c_1 < c_2$  (or  $z_1 < z_2$ ):  
 At a critical incidence angle ( $\theta_c$ ),  $\theta_t$  becomes imaginary! (propagates along interface)

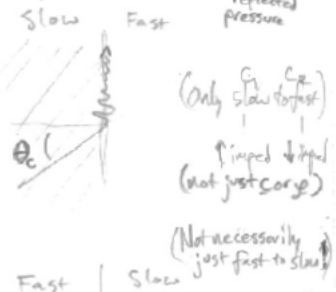
$$\sin \theta_c \equiv \frac{c_1}{c_2}$$

"Total Internal Reflection" meaning that the reflected pressure

The "evanescent wave" decays perpendicular to boundary

$$P_t = P_0 e^{-\gamma x} e^{-i(\omega t - k_y y \sin \theta_i)}$$

where  $\gamma = k_2 \sqrt{\left(\frac{c_2}{c_1}\right)^2 \sin^2 \theta_i - 1}$



If  $R_p = 0$ , this means perfect transmission!

"Angle of Intermittion"

$$\frac{Z_2}{Z_1} = \frac{\cos \theta_t}{\cos \theta_i} \text{ (only if } R_p = 0 \text{)}$$

$$Z_2^2 \cos^2 \theta_i = Z_1^2 \cos^2 \theta_t$$

$$1 - \sin^2 \theta_i = \frac{Z_1^2}{Z_2^2} \cos^2 \theta_t$$

$$\sin \theta_i = \sqrt{1 - \frac{\left(\frac{Z_1}{Z_2}\right)^2}{1 - \left(\frac{y_1}{y_2}\right)^2}}$$

$\theta_c$  will be the angle of intermission only when real, which is when

both  $z_1 > z_2$  &  $y_1 > y_2$ , or when

both  $z_1 < z_2$  &  $y_1 < y_2$ .

Sound Sources

Again,  $k = \frac{2\pi}{\lambda}$

"KR" or "ka" is a good way of describing "acoustically small or large" by relating  $\lambda$  to distance  $r$ .

At small  $r$ , pressure & particle velocity are out of phase, and  $\therefore I = 0$ . For large  $r$ , pressure & particle velocity are in phase, and  $z = z_0$ . At this point the Intensity decreases  $\propto \frac{1}{r^2}$  b/c energy is conserved.

Skipped lots of complex theory

$$I = \frac{\text{Power}}{\text{area}}$$



Pressure  $\propto \frac{1}{r}$ !

Intensity  $\propto \frac{1}{r^2}$ !

(becomes the inner part of directivity equation)



Discrete Line Array

$N$  = # of elements

$d$  = spacing distance between elements

$a$  = radius of transducer

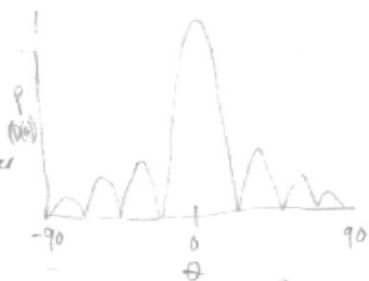
$D$  = directivity

$P$  = Pressure Amplitude?

$r$  = distance from transducer

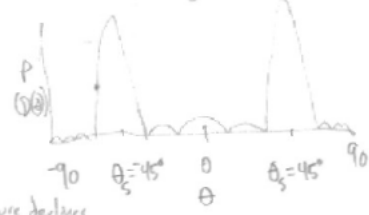
$$c = \frac{2\pi}{\lambda}$$

$c$  = speed in medium



Steering

$$P = P_{ax} \cdot D(\theta)$$



$P_{ax} = \frac{NA}{r}$  - Pressure decays by  $\frac{1}{r}$ , Intensity by  $\frac{1}{r^2}$

If using time delay:

$$\theta_s = \sin^{-1}\left(\frac{c\tau}{d}\right)$$

where  $\tau$  = time delay between adjacent elements

Derived from  $p(r, \theta, t) = \sum \frac{A}{r} e^{-j(\omega t - kr)}$

$$D(\theta) = \frac{\sin(N\varphi)}{N \sin(\varphi)}$$

where  $\varphi = \frac{1}{2}kd \sin \theta - \frac{1}{2}kd \sin \theta_s$

$\theta$  = angle of lobes (e.g. primary lobe)  
 $\theta_s$  = steered beam angle

\*\*\*

$\uparrow N$  = Narrower primary beamwidth

# of side lobes (on both sides) =  $(N-2)$

Angle of deviation of primary beam (for circular?)

$$\theta = \sin^{-1}\left(\frac{0.6\lambda}{a}\right)$$

Grating lobes (constructive interference)

will occur at  $\theta_g = \sin^{-1}\left(\pm m \frac{\lambda}{d}\right)$  where  $m = 0, 1, 2, \dots$

Therefore, make element spacing ( $d$ ) no larger than  $\frac{\lambda}{2}$ ! and there will be no grating lobes

If  $D = 1$ , normal.  $0 < D < 1$  = angled.

$$D(\theta) = \frac{\sin\left(\frac{N}{2}kd \sin \theta_s\right)}{\sin\left(\frac{1}{2}kd \sin \theta_s\right)}$$

Can use this to find  $\theta$  of main lobes &  $\theta$  of nodal points (zero values) by setting  $D = 1$  and  $D = 0$  respectively:

$$\theta_{\text{lobes}} = \sin^{-1}\left(m \frac{\lambda}{d}\right) \text{ where } m = 0, 1, 2, \dots$$

$$\theta_{\text{nodes}} = \sin^{-1}\left(\frac{n \lambda}{N d}\right) \text{ where } n = 0, 1, 2, \dots$$

For discrete array:

$$\text{Rayleigh distance } Z_R = \frac{L^2}{\lambda}$$

where  $L$  = depth length of individual element

(or "array length" of  $L = (N-1)d$ ?)

(Far-field =  $2Z_R$ ? =  $L^2/\lambda$ ?)

To find zero points, set  $D(\theta) = 0 \rightarrow \frac{1}{2}kd \sin \theta = m\pi$   $m = 0, 1, 2, \dots$

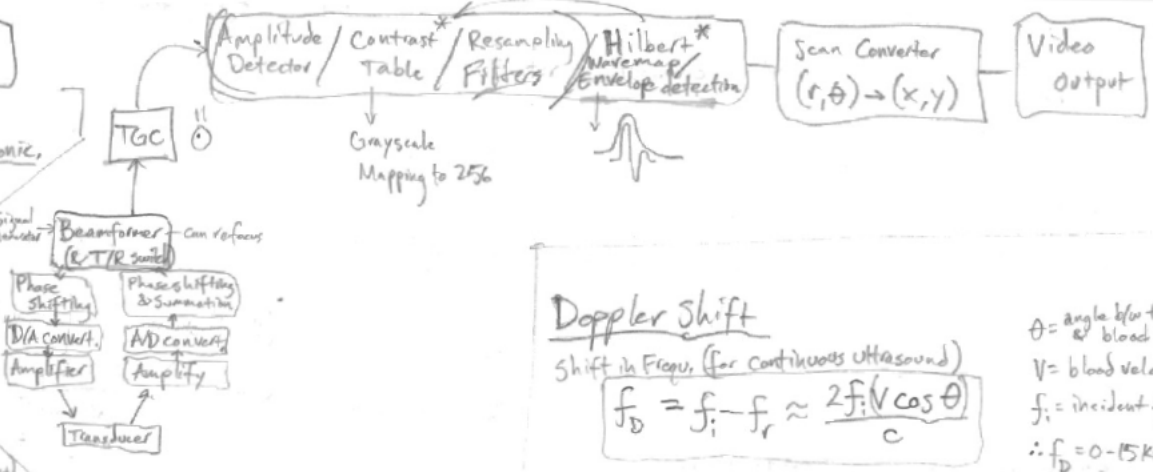
To find peak points, set  $D'(\theta) = 0 \rightarrow D = \frac{\cos \theta}{\theta} \rightarrow D' = \frac{-\sin \theta}{\theta^2} - \frac{\cos \theta}{\theta^2} = 0$

To find grating lobe  $\theta$ , set  $\varphi = 2\pi n$  &  $\sin \theta$ .  $\theta = 7.7^\circ$  & so on...

# Ultrasounds II

Best to use second harmonic,

- Improves border outline
- Improves contrast
- Reduces (side-lobe) clutter
- Is generated from nonlinear effects of tissue.
- Does not reduce scattering → need to use pulse inversion! (below)



## Artefacts

- I) Reverberation — strong reflecting layer (skin) near transducer causes (& refraction) harmonic internal reflections
- II) Aberration — we assume homogeneous sound speed, but inhomogeneous tissue causes distortions (increases with depth)
- III) Side-lobes — strong scatterer (bone) aligned with side lobes causes repositioning of artificial image.



Attenuation = absorption & scatter & diffraction

Safety (Remember Energy = Power \* Time)

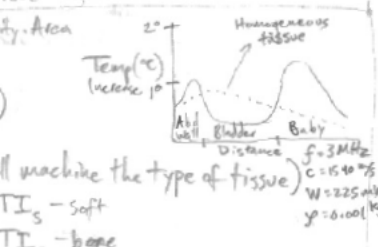
Thermal Index — cannot exceed 1 (tell machine the type of tissue)

$$T.I. = \frac{W_0}{W_{deg}}$$

avg. power

$$W_0 = \rho_0 u^2 = \frac{P^2}{2 \rho c^2}$$

from part I



$$M.I. = \frac{P_0}{\sqrt{f}}$$

Pressure at the shock front distance

Decaying

Mechanical Index — cannot exceed 1.9 → if greater, cavitation and bubbles

$$M.I. = \frac{P_{r,3}}{\sqrt{f}}$$

in MHz

$P_{r,3}$  = Attenuated Pressure; it's the peak negative pressure derated to 0.3 dB/MHz-cm to account for attenuation.

$Z_{sp}$  = location of max negative pressure (after derating/attenuation)

Something about pulse intensity integral (see p. 11)

assume it occurs at the shockwave distance!  $Z_{sp} = \bar{x} = \frac{\rho_0 c_0^3}{\rho \rho_0 2\pi f}$  as above

## Contrast Agents

Bubbles — nonlinear oscillators

See next pg 6

Linear resonant freq:  $f_0 a = \frac{1}{2\pi} \sqrt{\frac{3\gamma P_0}{\rho}}$

$$\ddot{r} + \frac{b}{4\pi R_0^3 \rho_l} \dot{r} + \frac{3\gamma P_0}{R_0^3 \rho_l} r = -\frac{F}{m} e^{-i\omega t}$$

Equivalent of mass is 3x mass of bubble:  $4\pi R_0^3 \rho_l$

Equip of K is  $12\pi \gamma R_0 \rho_l$

Resonant  $\omega_0 = \sqrt{\frac{K}{m}}$  ... ↑K = ↑ resonant freq

↑ viscosity = ↑ damper = ↓ amplitude

simplified

$f_0 a = 3^{1/2}$

So ↑ bubble size = ↓ resonant freq.

Can achieve amplification of signal, BBB delivery, release gas for perfusion imaging, targeted ligands, etc.

But SNR limitations, poor ligand adhesion, poor sensitivity

## Other Modalities

- Intravascular US
  - US Tomography (for breast)
  - Elastography — Bulk modulus (compress - not helpful)
  - Shear modulus (distinctive)
- Press down probe, determine strain, invert elasticity Eqs.

## Doppler Shift

Shift in Freq. (for continuous ultrasound)

$$f_D = f_i - f_r \approx \frac{2f_i V \cos \theta}{c}$$

$\theta$  = angle b/w transducer beam & blood flow

$V$  = blood velocity (0-5 m/s)

$f_i$  = incident freq (2-10 MHz)

∴  $f_D = 0-15$  kHz

(If perpendicular  $\theta = 90^\circ$ , no signal)

For pulsed wave doppler

$$f_D = \frac{1}{T_D} = \frac{c}{2T_{PRF} V \cos \theta}$$

time between echos

pulse separation time

Limitation is that the max measurable velocity is

$$V_{max} = \frac{c}{4T_{PRF} f_i}$$

@  $c = 1500$  m/s

Nonlinearity increases with:

- Amplitude
- Frequency
- Tissue characteristics
- Distance travelled

This generates harmonics

b/c any movement above this velocity results in aliasing.

Also very sensitive to low velocities

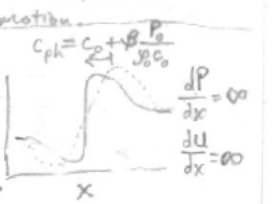
→ must use wall filter to remove

$$\text{Nonlinearity} = \frac{U \gg c \text{ during compression phase}}{U \ll c \text{ during rarefaction phase}}$$

If  $\sigma \ll 1$ , linear behavior

If  $\sigma < 1$ , nonlinearity is important

If  $\sigma > 1$ , shock wave formation



$$\sigma = \frac{(\beta \epsilon k x)}{(\text{Not important})} = \frac{x}{\bar{x}}$$

$x$  = propagation distance

$\bar{x}$  = shock formation distance

$$\beta \epsilon k = \frac{1}{\bar{x}}$$

$$\text{th } \beta \epsilon k = \frac{\rho \rho_0 2\pi f}{\rho c^3}$$

$$\bar{x} = \frac{\rho_0 c_0^3}{(\rho \rho_0 2\pi f)}$$

Important

E.g. if wave is measured 5 cm into tissue, and given that it's nonlinear ( $\sigma = 1$ ),  $\beta = 5$ ?, find  $P_0$ :

$$1 = \frac{0.05}{\left(\frac{\rho_0 c_0^3}{\rho \rho_0 2\pi f}\right)} \rightarrow \frac{\rho_0 c_0^3}{\rho \rho_0 2\pi f} = 0.05$$

Solve for  $P_0$ .

Nonlinear effects cause harmonics & reverberation, and also increased attenuation, which requires increased TGC. This can result in unwanted artifact & unwanted heating prior to focus area (e.g. 30% in fat).

Pulse Inversion Processing — used by all ultrasound

Send a pulse & its inverted equivalent — they should cancel, anything left over is noise/scatter, or if bubbles are used, is nonlinear response of bubbles.

HIFU <sup>09</sup> Cancer, epilepsy, ablation (liver, prostate), haemostasis

Thermal lesion (cell death at 56°C for 1 sec) <sup>long time exposure, high duty cycles</sup> or just mechanical (10 cycles pulses) <sup>(10-20 cell widths)</sup>  
 boils/denatures in well-documented region (start far, work towards)  
 Also inertial cavitation & mechanical tissue disruption (less controllable) <sup>if driven too hard, can ↓ heating</sup>

Actually 3 Eqs <sup>Tissue Domain Blood Domain Laminar flow</sup>

**Pennes Bioheat Equation**

$$\rho c \frac{\partial T}{\partial t} = 2\alpha I_0 + k \nabla^2 T$$

$\frac{\partial T(r,t)}{\partial t} = \frac{1}{\rho c} \left[ \frac{\partial Q_{\text{stored}}}{\partial t} \right]$  "Energy Stored Rate" or "Temp rise Rate"  
 $2\alpha I_0$  "Acoustic Energy Applied Rate"  
 $k \nabla^2 T$  "Energy Conducted Rate" or "Heat flux" (often ignore)  
 $\dot{Q}_{\text{conduction}} = - \int_A k \nabla T(r,t) \cdot n \, dA$   
 $\dot{Q}_{\text{convection}} = \int_V \rho c_b [\vec{u} \cdot \nabla T(r,t)] \, dV$  <sup>primarily blood</sup>  
 $\dot{Q}_{\text{gained}} = \int_V q(r,t) \, dV = \dot{Q}_{\text{source}}$  <sup>Heat loss due to: - Conduction - Convection - Perfusion</sup>

$I = I_0 e^{-2\alpha f t}$  <sup>2/3 V Bubbles & thermal damping</sup>  
 $Q = \text{Energy}$   
 $\dot{Q} = \text{heat power}$   
 $q = \text{heat}$   
 $V = \text{Volume}$   $A = \text{area}$   
 $r = \text{radius}$   
 $t = \text{time}$   
 $C_\epsilon = \text{specific heat}$   
 $T = \text{Temp}$

Heat in Volume = energy  
 energy/volume =

↑ freq (f) = ↑ heating b/c higher chance of nonlinear harmonics & b/c greater attenuation.

Ultimately, energy lost to absorption must go into heat:  
 $q_s = \frac{-dI}{dt} = 2\alpha(f) \cdot I \cdot \left[ \frac{dT}{T} \right]$  <sup>Heat Stored</sup>  
 $\alpha(f)$  is the attenuation function,  $\alpha(f) = \alpha \cdot f^n$  where  $n = 1.1$  usually. So even if 2 beams have same intensity ( $\frac{W}{cm^2}$ ), ↑ f causes ↑ attenuation which means ↑ heating!  
 Nonlinear beams have more absorption & heat, as do harmonics

**Characteristics**  
 ↑ frequ = tighter focus (↑ resolution)  
 ↑ Watts = faster ablation (↓ time)  
 ↓ pulse cycle = ↑ nonlinear effects = ↑ ablation volume (assuming same = (briefed pulse of time-averaged higher power, same energy))

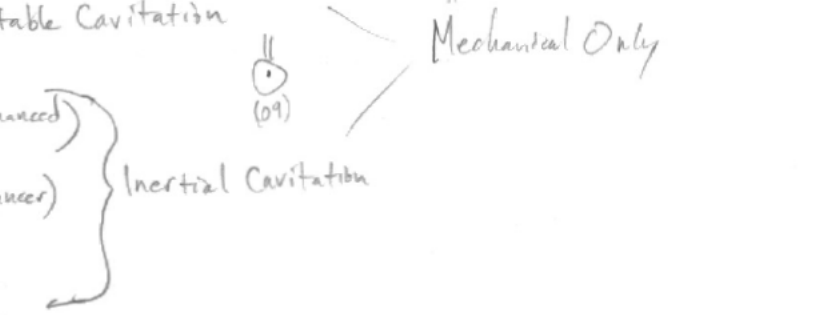
Numerically: Can also model with Westervelt Equation & KZK Equation  
 ↓ 2µm Voxel F.E. model  
 ↓ Simplify to linear & quadratic terms.  
 ↓ parabolic approximation

- US Contrast Agents (gas bubbles @ shell)
- Visualize perfusion in B-mode
  - Harmonic imaging (perfusion) for nonlinear bubble harmonics
  - In HIFU to decrease cavitation threshold for faster heating
  - Drug delivery by placing drug in contrast agent, localized bubble rupture
  - Drug delivery by enhancing sonoporation in cells.

**Mechanical Uses**  
 with pool or C-arm  
 ESWL - kidney stones (10-20mm) 1000-4000 SWs at 1-2 Hz  
 primarily broken by shear stress → Makes stones into chunks (vs. the compressive & tensile stresses) → Makes chunks into fragments  
 at least 1000 SWs for cavitation to begin  
 These shock waves can cause bubble formation & jetting  
 \* Tissue repair & regeneration (tendon, ligament, muscle, bone, etc) See research studies!

- Use of US Mechanics
- 1) Inertial cavitation for HIFU - thermal ablation 60-90 second signal, e.g. cancer
  - 2) Inertial cavitation for non-thermal ablation (histotripsy) 10 cycle pulse, e.g. prostate, non-cancer ablation (don't want spread)
  - 3) Stable cavitation for thrombolysis (aiding clot-busting drugs)
  - 4) Shock wave to mechanically break up kidney stones (lithotripsy)
  - 5) Shock wave therapy for tissue repair (tendons, bones)
  - 6) Stable cavitation (bubbles) to open BBB (e.g. sonoporation)

Bone fractures, growth  
 Chronic fasciitis/epicondylitis, other ortho  
 Soft tissue revascularization/healing  
 Sonoporation (cell drug delivery)  
 Opening BBB for drug delivery  
 Recannulation with tPA (cardiac/cerebral) = "sonothrombolysis"

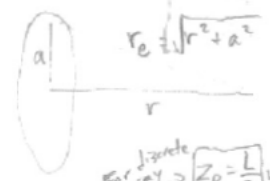


HIFU + Bubbles - dramatically increase tissue heating (cavitation-enhanced heating)  
 HIFU (without bubbles) for mechanical histotripsy (e.g. prostate, non-cancer)  
 Shock wave lithotripsy (above) & tissue repair (above)

**Baffled Piston Source** (Unfocused) 09

Rigid wall behind source doubles the pressure amplitude.

(Note unfocused beam)



$$P(r,t) = \rho_0 c_0 \left[ U\left(t - \frac{r}{c_0}\right) - U\left(t - \frac{r_0}{c_0}\right) \right]$$

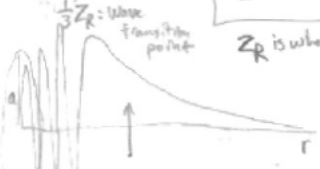
(See back page)  
center wave edge wave

For discrete array  $\rightarrow Z_R = \frac{L}{2}$  where  $L$  is the depth (length) of the individual element from  $Z_R = \frac{d}{\lambda}$  and  $d = \frac{\lambda}{2}$

**Rayleigh Distance:**

$$Z_R = \frac{1}{2} Ka^2 = \frac{\pi a^2}{\lambda}$$

Determined only by transducer radius & sound wavelength



$Z_R$  is where  $P = \rho_0 c_0 u_0 = P_0!$

Same as above

$$P = 2\rho_0 c_0 u_0 \sin\left(\frac{1}{2}kr\sqrt{1 - \frac{a^2}{r^2}}\right)$$

$Z_R$  = point where distance to center & distance to edge is  $< \frac{\lambda}{2}$  in difference!  
 $Z_R = \frac{D^2}{4\lambda} \left(1 - \frac{\lambda^2}{D^2}\right)$

**Focused Piston Source**

Axial Solution

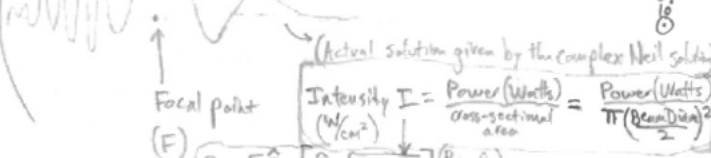
$$P_{ax} = \rho_0 c_0 u_0 \cdot G$$

Where gain  $G = \frac{1}{2} \frac{Ka^2}{R_c}$

$R_c$  = radius of curvature

Ideal to have large G:  $\downarrow \lambda, \uparrow f, \uparrow a, \downarrow R_c$

E.g., increasing  $a$  helps focus the pressure beam more directly at focus  $F$ .



Intensity  $I = \frac{\text{Power (Watts)}}{\text{cross-sectional area}} = \frac{\text{Power (Watts)}}{\pi \left(\frac{\text{Beam Dia}}{2}\right)^2}$

At -6dB  $P_{in} = \sqrt{2} P_{out}$   $[P = \sqrt{2} \rho_0 c_0 I]$  (Pin in)

$x_{-6dB} = \frac{\lambda F}{D}$  Beam width (diameter)

$y_{-6dB} = 7\lambda \left(\frac{F}{D}\right)^2$

(Actual solution given by the complex Neill solution)

$$r = \frac{r_0 - \sqrt{(x_r - x_n)^2 + Z_r^2}}{c} + t_0$$

$x_r$  = dir. dist. b/w sound waves  
 $r_0$  = focal distance (origin to focal point)  
 $x_n$  = distance from origin to center of  $n$ th element  
 $t_0$  = added to avoid neg. time delays  
 $Z_r = \frac{1}{2}$   
 $r = \sqrt{x_r^2 + Z_r^2}$

**Phased-Array Focusing**

Eg. May need to solve for  $r$

Dynamic focusing - keeps focus at  $\frac{ct}{2}$

**Axial Far-field pressure  $P_{ax}$**

$$P = 2\rho_0 c_0 u_0 \left(\frac{1}{2} Ka^2\right) \frac{1}{r}$$

May ask RMS press

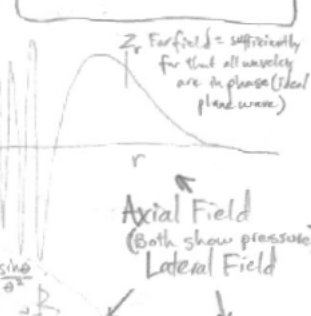
$\Theta$  = angular width of beam

$$D(\Theta) = \frac{2 \sin(Ka \sin \Theta)}{Ka \sin \Theta} = \frac{\sin\left(\frac{\pi a \sin \Theta}{\lambda}\right)}{\frac{\pi a \sin \Theta}{\lambda}}$$

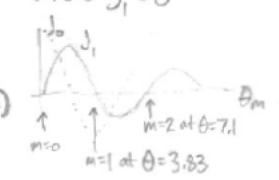
Total Pressure  $P(r, \Theta) = P_{ax} D(\Theta)$

e.g. use  $\frac{P}{P_{ax}} = D(\Theta)$  to find the ratio of the main lobe pressure after steering

$D(\Theta) = \frac{\sin \Theta}{\Theta}$  maxima are found at  $D'(\Theta) = 0 = \cos \Theta - \frac{\sin \Theta}{\Theta}$   
 $\Theta = \pm 7.7^\circ \rightarrow D(7.7) = 0.128$



The  $J_{1,m}$  Bessel function crosses at 0 for  $m=0, 3.83$  for  $m=1$ , & so on. In other words,  $m$  is the # of the node where  $J_1 = 0$



Larger  $Ka$  = tighter primary beam

So larger  $a$ , or smaller  $\lambda$  (meaning higher freq.)

To find # of crossings before distance  $r$ , (e.g. before  $Z_R$ )  $\rightarrow$  use the  $K$  &  $a$ , and since  $\left(\frac{J_{1,m}}{Ka}\right)$  must be  $< 1$  to be real, find " $m$ " where  $J_{1,m} \leq Ka$ , & that  $m$  = total # of nodes.

Note that  $\Theta$  is the beam width, and then we can also steady in direction  $\Theta_s$ . In this case,  $D(\Theta) = D_1(\Theta) D_2(\Theta)$  where  $D_1$  represents beam width and  $D_2$  represents steering:

$$D_1 = \frac{\sin\left(\frac{\pi a}{\lambda} \sin \Theta\right)}{\frac{\pi a}{\lambda} \sin \Theta}$$

$$D_2 = \frac{\sin\left(\frac{\pi N d}{\lambda} (\sin \Theta_s - \sin \Theta)\right)}{N \sin\left(\frac{\pi d}{\lambda} (\sin \Theta_s - \sin \Theta)\right)}$$

(Same as above)  $\perp$  if no steering (Same as prev. page)

So to find the distance where  $P = 50%$ , use Eq. (1). To find the angular beam width where  $P = 50%$ , set  $D(\Theta) = 0.50$  and solve for  $\Theta$  (difficult). Alternative forms:

$$\Theta = \sin^{-1}\left(\frac{0.6 \lambda}{a}\right)$$

(This  $\Theta$  = the angular beam width, which is also the angle to the first zero points.)

$$\Theta = \sin^{-1}\left(\sin \Theta_s + \frac{\lambda}{Nd}\right) - \sin^{-1}\left(\sin \Theta_s - \frac{\lambda}{Nd}\right)$$

(See p. 2 formula - Easy to solve.  $\Theta_s$  usually given or approx zero.)

For steering in phased array (unfocused):

$$P(r, \Theta_s) = \frac{P_0 N a}{r} \text{sinc}\left(\frac{\pi a}{\lambda} \sin \Theta_s\right) \text{ and } \Theta_s = \sin^{-1}\left(\frac{c\tau}{d}\right)$$

(Same as previous page)

$\frac{P}{P_0} = \frac{Na}{r}$   $\leftarrow$  If this = 0,  $\text{sinc} = 1$ .

**Attenuation**  
 $\frac{P}{P_0} = e^{-\alpha x} \rightarrow \ln\left(\frac{P}{P_0}\right) = -\alpha x \rightarrow \log\left(\frac{P}{P_0}\right) = -\alpha x \dots$   
 $\alpha$  is a function of frequency:  $\alpha = \alpha_0(f)^n$  e.g.  $\alpha = x \frac{dB}{m \cdot MHz}$   
 $\alpha(f)$  in units of  $\frac{dB}{m}$ ?  $\rightarrow 1 \frac{dB}{m} = 0.087 \frac{dB}{cm}$   
 $\alpha$  often expressed as  $\frac{dB}{cm}$   
 $20 \log\left|\frac{P(x)}{P(0)}\right| = (\alpha x)$   
 $dB = 10 \log\left(\frac{I}{I_0}\right) = 20 \log\left(\frac{P}{P_0}\right)$   
 Average  $\alpha$  in tissue =  $0.5 \frac{dB}{cm/MHz}$  "Gain"  
 (FDA assumes 0.3 to know greatest pressure possible)

**Spherical Wave Instant. Intensity**  
 Power of pulsating sphere  $P = I \cdot 4\pi r^2$   
 Intensity in focused beam  $I = \frac{Power}{cross-section (cm^2)}$   
 $I = \frac{P}{3\gamma c_0}$   
 Instant. Intensity for Pulses  $I = \frac{P^2}{3\gamma c_0}$   
 $P_{rms} = \frac{P}{\sqrt{2}}$   
 $I = \frac{P^2}{3\gamma c_0}$   
 $b/c I = \frac{1}{T} \int \frac{P^2}{3\gamma c_0} dt$   
 Energy = [Intensity][Time][Area]

**Attenuation Due to absorption + scattering!**  
 Speckle contrast of tissue (not impd mismatch)  
 Starts the shape & amplitude of the pulse (↑ pulse length)  
 Imaging depth  $\approx 400$  wavelengths  
 Axial resolution relates to pulse width (2-3 cycles)  
 Difference in echo time between 2 pulses  $\rightarrow$  pulse duration (period T)  
 $\Delta d = \frac{c}{2f}$  (Try to minimize  $\Delta d$  axial res)  
 Same  $\Delta d = \frac{(pulse\ width) \cdot c}{2}$   
 $\uparrow$  frequ =  $\uparrow$  resolution  
 $\uparrow$  frequ =  $\downarrow$  penetration (↑ attenuation)  
 $\propto \uparrow$  with 2f harmonic imaging.

**Time-Gain Compensation**  
 To keep signal the same at all depths, gain is applied as function of time:  
 Attenuation (in dB) =  $\alpha [2(x_2 - x_1)] [f]^{3/2}$   
 $dB = 20 \log_{10} \frac{attenuation (dB)}{20}$   
 Required Gain = 10  
 To find attenuation difference between point 1 & 2 in mm!

**Ultrasound Function**  
 A-mode - single line - time of reflected pulses translated into distance  
 $d = \frac{tc_0}{2}$   
 B-mode - image assembled from multiple A-lines.  
 C-mode - perpendicular to B-mode at specific depth.  
 M-mode - motion (A or B mode over time)  
 Doppler mode - color, PW, duplex, etc.  
 Pulse/Harmonic - tably, Jvantage of harmonics & non-linearity  
 reduces sidelobe clutter, thereby enhancing Contrast to Noise Ratio.

**Mach #** =  $\frac{|u|}{c_0} = \frac{|P|}{\gamma c_0^2} = B$  (Bulk modulus)  
 use  $u = \frac{P}{\rho c}$   
 use  $P_{ac} = \gamma c_0 u_0 \left(\frac{1}{2} k a^2\right)$  (Like particle velocity normalized to speed c)  
 Instant. Intensity for pulses  $I = \frac{P^2}{3\gamma c_0}$   
 $E = I \cdot t \cdot Area$   
 $\int I dt$

**Apodization**  
 Reduce amplitude of outer elements (Hann weighting)  
 This decreases the number of side lobes  
 But main lobe becomes wider  
 Element width does not affect beam width but can create grating lobes... keep  $d < \lambda/2$   
 (Amplitude limited by side effects, nonlinearity, cavitation if present)  
 (Not applicable to discrete arrays)

**Stable Cavitation** - Linear or Nonlinear oscillations of bubbles where the bubble response is repeatable/periodic over hundreds of cycles.  
 Driving Pressure vs P  
 Linear Bubble Radius: In phase with driving frequ. Stable  
 Non-Linear Bubble Radius: Multiple harmonics (ultraharmonics). Stable thousands of cycles. Radius reaches max at end of neg P, collapses and vibrates (can listen to subharmonics  $\frac{f}{2}$  since these are only due to bubble resonance!)  
**Inertial Cavitation** - Nonlinear response when driven hard. Radius enlarges over twice original, then violent collapse to  $< 1\%$ , then wideband white noise. Aperiodic  
 also, high impedance means ↑ reflection in normal B-mode scanning.

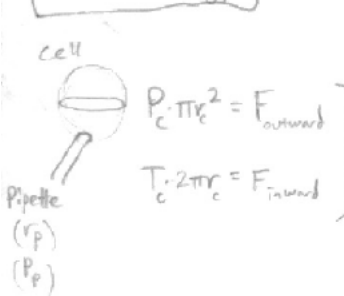
**Frame Rate**  
 Frame = (# lines) (duration of each line)  
 Frame Rate =  $\frac{(\# \text{ lines}) \cdot (\text{depth} \cdot x^2)}{vel}$   
**3D Ultrasound**  
 Hand movement + post-processing or stacked 2D arrays (6 beams at once)

Bubbles are very nonlinear (much more than tissue), so we can use **harmonic imaging**, listening for  $2f_0$ , in order to visualize primarily bubbles (e.g. for use in perfusion imaging)  
 See next pg. for mechanical/thermal ultrasound uses & comparison of inertial vs. stable cavitation.  
 In HIFU inertial cavitation of bubbles enhances heating (from acoustic emissions)

|                    | Diagnostic  | Therapeutic  |
|--------------------|---|--|
| Pulse              | 1-2 cycles (≈ 10 for doppler)   | Long or Continuous   |
| Transducer Backing | lossy dampener to minimize back wave scatter (but causes ↓ amplitude)                                     | No dampening for higher amplitude  |
| Freq               | 3-10 MHz  | 1 MHz (0.5-2)  |
| Bandwidth          | As wide bandwidth as possible (50-100%)<br>(Eg. if $f_0 = 5$ MHz & 100%, then range is 2.5 kHz - 7.5 MHz) | best regional penetration with little heating of shallow tissues<br>$< 10\%$ bandwidth (helps ↑ amplitude) |
| Transducer         | Handheld 50x20 mm, Phased array   | Wide diameter (10 cm), focused, single element   |

Can ↑ amplitude (& ↓ freq) to image deeper, but eventually will cause ① nonlinear propagation & ② acoustic cavitation.

**Mechanobiology**



Now  $P_{total} = P_c - P_p$

$$P_c \pi r_c^2 = T_c 2 \pi r_c \rightarrow (P_c - P_p) \pi r_p^2 = T_c 2 \pi r_c$$

Equilibrium of cell pressure, cell tension, pipette pressure. This  $r_c = r_p$  because it's inside cell.

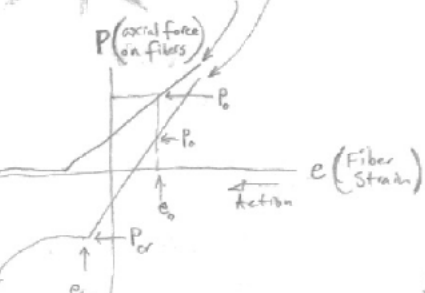
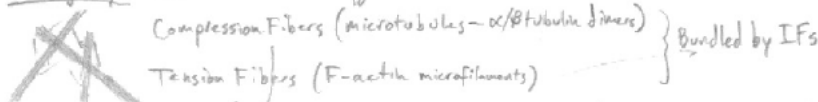
$$P_c = \frac{2T_c}{r_c}$$

Subst. stays in original relation ( $r_c$ )

$$P_p = P_c - \frac{2T_c}{r_p} \rightarrow P_p = 2T_c \left( \frac{1}{r_c} - \frac{1}{r_p} \right)$$

Threshold

**Tensigrity - Cell Architecture**



Arrows show direction of graph with external compression of the cell (thereby decreasing  $\epsilon$ )... Tensile fibers no longer exert any force b/c distance between compression fibers decreases.

Deflects  $X = A \cos(kx) + B \sin(kx)$   
Where  $X$  has solutions of  $X = n\pi$ , etc.

Find  $P_{cr}$  with Euler buckling formula:

$$P_{cr} = \frac{\pi^2 EI (n^2)}{L^2}$$

$n^2$  appears occasionally, when solutions are complex, let  $n=1$  for minimum  $P_{cr}$ .  
E = modulus of elasticity  
I = area moment of inertia (e.g. =  $(\pi/4)r^4$ )  
L = unsupported length

Collagen  
↓  
Tropo-collagen  
↓  
Fibrils

Note throughout: Stress is always averaged diagonal sums, strains are diagonal sums but never averaged, except in the formulas.

**PoroElastic Equation (Hookes')**

Total Core Equation: Relates  $\sigma_{ij}$ ,  $\epsilon_{ij}$ ,  $\Delta$

$$\sigma_{ij} = 2G\epsilon_{ij} + \left(K - \frac{2G}{3}\right)\delta_{ij}\epsilon_{kk} - \alpha\delta_{ij}P$$

Deviatoric & Total      Hydrostatic

$$\begin{bmatrix} \sigma_{11} & \sigma_{12} & \sigma_{13} \\ \sigma_{21} & \sigma_{22} & \sigma_{23} \\ \sigma_{31} & \sigma_{32} & \sigma_{33} \end{bmatrix} = 2G \begin{bmatrix} \epsilon_{11} & \epsilon_{12} & \epsilon_{13} \\ \epsilon_{21} & \epsilon_{22} & \epsilon_{23} \\ \epsilon_{31} & \epsilon_{32} & \epsilon_{33} \end{bmatrix} + \left(K - \frac{2G}{3}\right) \begin{bmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{bmatrix} \epsilon_{kk} + \alpha \begin{bmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{bmatrix} P$$

Relative of deviatoric to total:  $\sigma_{ij} = S_{ij} + \sigma_H \delta_{ij}$   
 $\epsilon_{ij} = e_{ij} + \frac{1}{3}\Delta$

Core 1: Flow due to  $\sigma_H$  &  $P$   
 $\zeta = \frac{\alpha}{K} \sigma_H + \frac{\alpha}{KB} P$

Note  $\frac{1}{3}\Delta$  is the average  $\epsilon$  of  $\epsilon_{kk}$  above.  
B = Skempton coeff, where  $B = \frac{K_u - K}{\alpha K}$

This is how  $\sigma_H$  or  $P$  can be expressed as functions of  $\zeta$  &  $\Delta$ !  
 $\sigma_H = K_u \epsilon_{kk}$  when  $\zeta=0$ .

Definitions →  
P = pore pressure [PPP]  
α = elastic constant  
ζ = flow  
B = Skempton Coefficient K  
K<sub>u</sub> = Aggregate Modulus  $\frac{3}{skt}$

Pressure actually the eigenvalues (e.g. stress applied) =  $S + \sigma_H$   
Total stress =  $\sigma = S + \sigma_H$   
Total strain =  $\epsilon = e + \frac{1}{3}\Delta$   
Deviatoric stress =  $S$   
Deviatoric strain =  $e$   
Hydrostatic stress =  $\sigma_H$   
Hydrostatic strain =  $\Delta$   
Undrained Bulk Modulus =  $K_u$   
Bulk Modulus (drained) =  $K$

σ = Total Stress Tensor      ε = Total strain Tensor  
S = Deviatoric Stress Tensor      e = Deviatoric strain Tensor  
 $s = \sigma_{total} - \sigma_H$        $s = 2Ge$   
 $\sigma_H = K\Delta - \alpha P$  if  $\zeta=0$   
Principal stress = Eigenvalues of σ  
Direct stress = sum of diag(σ)



Hooke's Isotropic elastic behavior derivations:

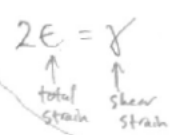
Also see HRET p.127

E = Elastic modulus  
 ν = Poisson's ratio ( $\frac{\Delta Y}{\Delta X}$ )

$$\epsilon_{ij} = \frac{1}{2} \left( \frac{\partial u_i}{\partial x_j} + \frac{\partial u_j}{\partial x_i} \right)$$

$$\epsilon_{ij} = \left( \frac{1+\nu}{E} \right) \sigma_{ij} - \left( \frac{\nu}{E} \right) \delta_{ij} (\sigma_{11} + \sigma_{22} + \sigma_{33})$$

Mathematical definition of shear:  $2E = \gamma$



E.g. So this is zero except  $i=j$  ( $\epsilon_{11}, \epsilon_{22}, \epsilon_{33}$ )

E.g. for  $\epsilon_{12}$

$$\epsilon_{12} = \left( \frac{1+\nu}{E} \right) \sigma_{12}$$

$$\sigma_{12} = \frac{E}{2(1+\nu)} \epsilon_{12}$$

Hence deviatoric behaves entirely elastically.

$$s_{ij} = G \epsilon_{ij}$$

[3 Assumptions]

\* Assumed Equilibrium  $\frac{\partial \sigma}{\partial x_i} = 0$  (so fix of time only)

\* Continuity of Mass

$$\frac{\partial z}{\partial t} + \frac{\partial q}{\partial x_i} = 0$$

$$\frac{\partial z}{\partial t} - \frac{k}{M} \nabla^2 P = 0 \quad \text{Important result}$$

Use pressure flow equation from p.1 bottom left. Multiply by  $\frac{K_v - K}{\alpha^2}$  here

$$\frac{K_v - K}{\alpha^2} \frac{\partial z}{\partial t} - \frac{K}{M} \left( \frac{K_v - K}{\alpha^2} \right) \nabla^2 P$$

\* Darcy's law

$$q_i = \frac{-K}{M} \frac{\partial P}{\partial x_i}$$

Note flow relates to change in pressure (like stress) vs. solids (like strain)

(Similar to Fick's 1st law in Chem Phys.)

$$\frac{\partial q_i}{\partial x_i} = \frac{-k}{M} \frac{\partial^2 P}{\partial x_i^2}$$

could result in Navier Eq. where solutions are harmonic functions

Pore Pressure Diffusion Eq.

$$\frac{\partial P}{\partial t} = \frac{K_v - K}{\alpha^2} \left( \frac{\partial^2 z}{\partial t^2} - \alpha \frac{\partial \Delta}{\partial t} \right)$$

E.g. Derive 1D analytical solution. i.e. Show behavior (formula) of pressure at instant (t=0).

Assume at t=0, z=0, and simply plug into

Plug into "Total core Equation" on front p.1 (in 1D)

$$\sigma_{zz} = 2G \epsilon_{zz} + (K - \frac{2G}{3}) \epsilon_{zz} - \alpha P_{zz}$$

$$\sigma_{zz} \text{ is applied pressure } (-P_A). K \rightarrow K_v$$

$$-P_A = (K_v + \frac{4G}{3}) \epsilon_{zz}$$

$$P_A = (K_v + \frac{4G}{3}) \left( \frac{\alpha}{K_v - K} \right) P_{zz}$$

↓ Rearrange  
 1D analytical solution

$$P(z, t=0) = \frac{3(K_v - K)}{\alpha(4G + 3K_v)} P_A$$

pore pressure  $P_A = \sigma_{zz}$

Keep test - constant stress

Boundary Conditions:  $p(z, t) = 0$  at  $z=h$

Displacement along z at the base:  $u(z, t) = 0$  at  $z=0$

(Base is impermeable)  $\frac{\partial P}{\partial z} = 0$  at  $z=0$

Use  $\epsilon_{zz} = \frac{\partial u_z}{\partial z} = \frac{3}{(3K + 4G)} \left( \frac{-P + \alpha P}{A} \right)$  to find solution for  $u_z = \dots P_A z$  [Harmonic] CF. Biomechanics - stress, strain, Pore, etc.

\* Assume  $\epsilon_{xx} = \epsilon_{yy} = 0$  (1D)

\* Use Pore Press Diff Eq. above with Darcy's/Cont of Mass result on right

$$\frac{\partial P}{\partial t} = \frac{K_v - K}{\alpha^2} \left( \frac{\partial^2 z}{\partial t^2} - \alpha \frac{\partial \Delta}{\partial t} \right)$$

$$\frac{\partial z}{\partial t} = \frac{k}{M} \nabla^2 P$$

Harmonic (Fourier series) Solutions  $\rightarrow$  Tissue Eq (Diffusion)  $\rightarrow$  Pore Press Diffusion

Eq 1A (Derivation 1st pg)

$$\sigma_H = \frac{K_v - K}{\alpha} z + K_v \Delta$$

$$p = \frac{K_v - K}{\alpha^2} (z - \alpha \Delta)$$

The Pore Pressure Diffusion Eq. is also written as:

$$\left[ \frac{\partial P}{\partial t} = \frac{k}{M} \left( \frac{K_v - K}{\alpha^2} \right) \nabla^2 P + \frac{K_v - K}{\alpha} \frac{\partial \Delta}{\partial t} \right]$$

b/c  $z \leftrightarrow q$  is given by Cont of Mass, and  $q \leftrightarrow P$  is given by Darcy's law, so  $\left[ \frac{\partial z}{\partial t} = \frac{k}{M} \nabla^2 P \right]$  was substituted.

(B) [P,  $\sigma_H$ ,  $\Delta$ ] P can couple stress & strain (See Total Core Eq on front)

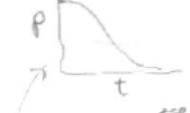
(C) [P, z,  $\sigma_H$ ] P can couple z and  $\sigma_H$  (Case 1) or z and  $\Delta$  (Eq 1B)

(D) P can couple  $\sigma$  in 1D (1D analyt solution at t=0)

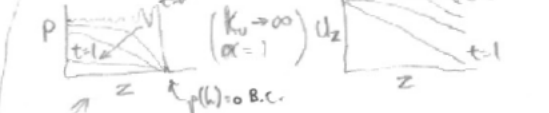
(Drained)  $\Rightarrow P=0$

(Undrained)  $\Rightarrow z=0$

From Total Core Eq., we could just say the "effective" stress is  $\left\{ \begin{aligned} \sigma_{eff} &= \sigma_{ij} + \alpha \delta_{ij} P \\ E_{eff} &= E_{ij} - \frac{B}{3} \delta_{ij} \end{aligned} \right\}$  and



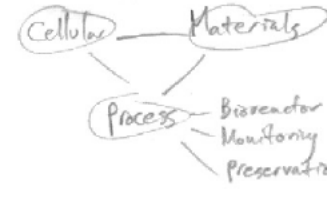
Displacement over time:



Shape  $\Rightarrow$  Deviatoric = Shear = Volume  $\Rightarrow$  Hydrostatic = Spherical = Dilatation

Max P at t=0  $\Rightarrow$  Pore press first carries load, then solid matrix (w/ fluid)

# Tissue Engineering



**Cells: Autologous vs Allogenic**  
 Stem vs Mature  
 Adult vs Embryonic  
 (Stem = self-renewal + differentiation)  
 Autologous: Accessible but limited differentiation, limited self-renewal.  
 Allogenic: ethical?

First Products → Transcyte (Cartilage/collagen)  
 Apligraf / Dermagraft

Collagen Matrix + Fibroblasts + Epidermal Keratinocytes

Now - (still limited in thickness by mass transfer)

- Skin
- Cartilage
- Bone
- Valves
- Nerve conduits
- Encapsulated cells (pancreas)
- Etc.

- Tendon
- Ligament
- Muscle

First optimize scaffold, then scale-up  
 Matrix size must always be within mass transfer limit

Consider mass transfer hydrodynamics, monitoring & control, stimuli, scale-up, biocompat, sterilisation, etc.

ECM - support, regulate, development, receptors

Proteoglycans

Collagen } Structural  
 Elastin }  
 Etc. } Multi-stage/Multimodal assembly...

Fibronectin } Adhesive  
 Laminin }  
 ... } Enzymatic, Biomechanical, Cofactors/Nutrients, Cellular/Extracellular

**Collagen** + Abundant  
 + Biocompatible  
 + crosslinking to prevent degradation - Fast degradation  
 - Poor mechanical properties  
 - Batch variability  
 - gel contraction

**Alginate** + Gels with Ca<sup>++</sup> (coll. solution)  
 ≠ same as collagen  
 - Poor cell adhesion

**PCL/PLA/PCL**

Biocompatible  
 - Metabolic (CO<sub>2</sub> + H<sub>2</sub>O)

**Sensors in Bioreactors**

Physiobeam - pH, temp, O<sub>2</sub>, CO<sub>2</sub>

Nutrients - Gluc, a.a., lactate, ammonia

Cytokines

Can use micromembrane probes

## 1) Isolate Cells

Enzyme digestion

Flow cytometry

## 2) Scaffolding

Synthetic - PLA, PGA

Natural - Collagen, gelatin, agarose, etc.

## 3) Bioreactor

Spinner flask - stirring (great mass transfer/convection) but high shear stress

Rotating wall - good dynamic mass transfer with low shear stress  
 Balances drag force, centrifugal force, gravitational force  
 laminar flow with low shear.

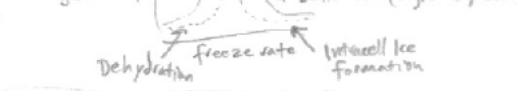
Hollow-fibre - protects sensitive cells in hollow fibers while still enabling mass transfer (good mass transfer)

Direct Perfusion - direct flow onto scaffold evenly seeds cells & provides even mass transfer (but shear stress?)

Specialized Mechanical - dynamic compression, physiologic simulation, functionalization, tension, torsion, (shaken - for bacteria)

## 4) Preservation

cryopreservation (liquid nitrogen) or -80°C with cryopreserv. agent (CPA)



Called "localized shear damage"

## Mixing Considerations

Vortex is bad - collisions lead to cell damage & lines of flow still lead to poor mixing.  
 So use off-centre impellers & baffles!

Eddies shouldn't be too small or too large (Kolmogorov eddy = smallest size eddy)

Axial Flow

Radial flow impellers have high shear - good to minimize bubbles but it damages the cells

Oxygenation - The main limiting factor (more than nutrients)

can also use headspace oxygenation

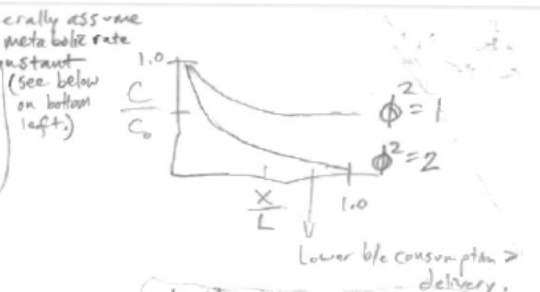
use membrane oxygenation, external oxygenation to minimize bubbles.  
 Consider impeller design to minimize cell damage

Bubbles on surface can also cause shear damage to cells on surface, (bigger bubbles worse than small). Foam damage does the same thing, resulting in damaged cells. Therefore, the size of the "disengagement zone" is important.

## 5) Implantation

**Oxygen Transfer**

$$\frac{\partial C}{\partial x} \propto \frac{d\left(\frac{C}{C_0}\right)}{d\left(\frac{x}{L}\right)} = \phi^2 = \frac{Q_{O_2} L^2 [\text{cells}]}{C_0 D_{O_2}} \approx \frac{\text{reaction rate}}{\text{delivery rate}} \approx \frac{\text{consumption}}{\text{delivery}}$$



$Q_{O_2}$  =  $O_2$  flow (consumption)  
 $D_{O_2}$  =  $O_2$  diffus  
 $C_0$  =  $O_2$  Concent. at surface ( $\frac{\text{mol}}{L}$ )

$$\frac{\left(\frac{\text{mol}}{\text{cells}}\right) \left(\frac{\text{cm}^2}{L^2}\right) \left(\frac{\text{cells}}{L^3}\right)}{\left(\frac{\text{mol}}{L}\right) \left(\frac{\text{cm}^2}{s}\right)} = \text{unitless}$$

Eg.  $L = 1 \text{ cm}$   
 $Q_{O_2} = 4e-17 \frac{\text{mol}}{L/s}$   
 $D_{O_2} = 2e-5 \frac{\text{cm}^2}{s}$   
 $C_0 = 0.07e-3 \frac{\text{mol}}{L}$

$$\frac{(4e-17)(1)^2 [\text{Cells}]}{(0.07e-3)(2e-5)} = (2.85e-8) [\text{Cells}]_{\text{max}} = 1$$

all units cancelled

$\therefore$  Max cells = 35 million

If  $L=2$  instead of 1, Max cells = 8.7 million

\* If  $\phi^2 = 1$ , then consumption equals delivery, meaning this is the condition for no necrosis yet maximal # of cells!!

\* There is an inverse square relationship between cell max & diffusion distance.

(Increasing size 3x reduces cell capacity 9x)

**Diffusion - Passive**

**Fick's Law (1-D)**

$$J = -D A \frac{\partial C}{\partial x}$$

$J = \left(\frac{\text{mol}}{L^2 s}\right) \left(\frac{L}{s}\right)$   
 Negative b/c flux flows towards decreasing concent.

Convective Mass Transfer ("Film Theory")  
 $J = \frac{D(C_1 - C_2)}{L}$   
 Note D is always times  $\frac{C}{x}$  or  $\frac{dC}{dx}$ !

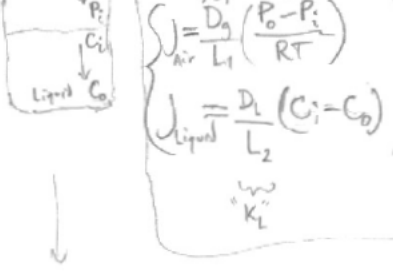
$D$  = Diffusivity of A ( $\frac{m^2}{s}$ ) - if 1D instead of 3D, area,  $D = \frac{D}{4}$   
 $C$  = Concentration of A ( $\frac{\text{mol}}{L}$ )

$\frac{D}{L}$  = mass transfer coefficient (↑ turbulence = ↑ D) (like k below)

Same as  $J = \frac{D}{A}(C_1 - C_2)$  Used in escape problem  
 Same as  $J = PA(C_1 - C_2)$  (2-dimensional assumption)  
 Area (m<sup>2</sup>)

**Partial Pressure in Liquid determines Concentration in Liquid; Henry's Law**

$P_c = H[C]$   
 In ideal gas  $H=RT$ , but  $H \neq RT$  in the liquid!  
 If large  $H$  (low solubility), resistance is in the liquid phase.  
 If small  $H$  (high solubility), resistance is in the gas phase.



In equilibrium  $\rightarrow \frac{D_g}{L_1} \left(\frac{P_0 - P_i}{RT}\right) = \frac{D_l}{L_2} (C_i - C_0)$   
 Substitute  $\rightarrow P_i = HC_i$   
 $\rightarrow \frac{P_i}{RT} = C_i$  (all the same)  
 $\rightarrow C_i = \frac{P_i}{H}$

Diffusion in a Spherical Cell  
 $\frac{\partial^2 C}{\partial x^2} - \text{(consumption rate)} = 0$   
 In sphere:  $\frac{\partial^2 C}{\partial r^2} + \frac{2}{r} \frac{\partial C}{\partial r} - \frac{r}{D} = 0$   
 Can solve for  $C_0$   
 $C_0 = \left(1 + \frac{L_1 D_g}{L_2 D_l}\right) C_i - \frac{L_1 D_g}{L_2 D_l} \left(\frac{P_0}{RT}\right)$

Can also create an overall mass transfer eq. for air + liquid.

$$J = K^* \left(\frac{P_0}{H} - C_0\right)$$

where  $K^*$  is found by law of partial resistance:  $\frac{1}{K^*} = \frac{1}{K_L} + \frac{RT}{K_g H}$   
 can also put in terms of  $H$

**Model of Hollow Fibre Membrane Bound. Cond.**

① At  $r=0, \frac{\partial C}{\partial r} = 0$  Ah!  
 At  $r=R_1, J_1 = J_2 \rightarrow D_1 \frac{\partial C}{\partial r} = D_2 \frac{\partial C}{\partial r}$  Ah!  
 ② At  $r=R_2, D_2 \frac{\partial C}{\partial r} = D_3 \frac{\partial C}{\partial r}$  ( $J_2 = J_3$ ) Ah!  
 ③ At  $r=R_3, \frac{\partial C}{\partial r} = 0$  ✓

**Facilitated Diffusion**

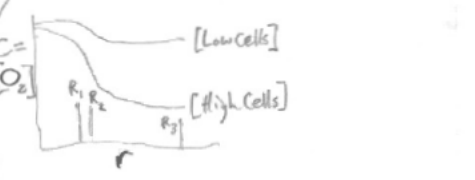
(See Quant Phys II) 1D Fick's 2nd Law

$$\frac{\partial C}{\partial t} = D_A \frac{\partial^2 C}{\partial x^2}$$

(Diffusion Rate)  
 $\frac{\partial C}{\partial t} = \frac{V_{max}}{1 + K \left(\frac{\partial C}{\partial x}\right)}$

Like:  $D \frac{\partial^2 C}{\partial x^2} - \frac{\partial C}{\partial t} = 0$  → Harmonic Solutions

Note that as the gradient approaches  $\infty$ , diffusion rate  $\rightarrow V_{max}$   
 Note that  $K$  determines how quickly we approach  $V_{max}$  (channel saturation), and  $K$  is determined by particle properties, permeability, surface area



$Q$  = flow thru HFMB